

# DRESS CODE 1-2-3!

## CODE 1: ARE YOU WEARING SPANDEX UNDERNEATH YOUR ATTIRE?



- Spandex shorts are required under any garment that is above the knee.
- If the shorts, skirt, dress, or skirt is shorter than knuckle length, then the spandex shorts must be at least knuckle length and visible at all times.

## CODE 2: ARE YOUR UNDERGARMENTS VISIBLE? IS YOUR ATTIRE APPROPRIATE?

- Undergarments of any kind may not be visible.
- Bare shoulders are not permissible. All tank top straps must be a minimum of two fingers in width (no spaghetti straps).
- Midriff/torso must be covered at all times.
- Neckline should not be lower than one hand in width from the collar bone.



## CODE 3: ARE YOUR LEGGINGS OPAQUE AND IS YOUR SHIRT LONG ENOUGH?



- Leggings must be opaque (minimum 60 denier) during all range of motion.
- Leggings need to be worn with a shirt/top that is at least knuckle length.